



Body Treatments

Natural healing, relaxation and body rejuvenation through the use of massage, acupressure and herbal medicine.

Enjoy and gift your body with Traditional massage, all rooted in ancient technics from the Pacific Islands, Thai and Taoist practices.

LOMI LOMI - 2 H

Lomilomi is a therapeutic and restorative massage. Deep Tissue
Creating movement in the spine is the primary focus of Lomi-Lomi
The nervous system is encouraged to slowdown and improve circulation in every cell
and to create balance.

All healing techniques of lomilomi are deeply rooted in love.

THAI MASSAGE 1 H

Thai Massage or Lazy Yoga is an ancient unique and powerful healing system with
acupressure, indian ayurvedic principals, assisted yoga postures, physical, energetic and
spiritual healing techniques and concepts, energize and vitalize the body.

TAO MASSAGE 1 H

I will help you become more aware of your own energy.
You will work on your own health, a combination of meridian stretching
and breathing exercises, chi exercises and self massage.